

Healthy Child Care Post - Assessment – 5 Point Scale

HW	Healthy Hand Washing	never	rarely	sometimes	often	always	comments
HW1	I wash my hands with warm water and soap for at least 10 seconds, rinse and dry with a single use towel or cloth.						
HW5	When I turn off the water faucet I use a towel or cloth between my hand and the faucet.						
HW7	I wash my hands before greeting children for the day.						
HW8	I wash my hands after cleaning.						
HW11	I wash my hands before and after preparing food.						
HW10	I help children wash their hands after coming indoors from outdoor play.						
OH	Oral Health						
OH1	Children are taught not to share their toothbrush.						
OH2	Toothbrush bristles are kept away from touching other surfaces.						
OH3	Children are taught to make a circular scrubbing motion on all tooth surfaces when brushing their teeth.						
D	Diapering/Toileting/Bathroom Practices						
D9	While diapering a child I keep one hand on the child at all times.						
D10	I never leave a child unattended on a diaper changing table.						
D11	When cleaning the child during diapering, I wipe the child from front to back.						
D4	I wash my hands and the children's hands with warm water and soap after diapering/toileting.						
D14	Soiled diapers are immediately placed in a trash container lined with a plastic bag.						

B	Blood and Body Fluid Safety						
B2	I use disposable gloves or protective barrier when handling blood, body fluids and other soiled materials.						
B3	Clothing and other items soiled by blood and body fluids are placed in a plastic bag for safety.						
B4	Surfaces that have come in contact with body fluids, blood or other soil are cleaned and sanitized.						
HW13	I wash my hands after having contact with body fluids.						
CS	Cleaning and Sanitizing						
CS1	Dirty surfaces are cleaned with detergent and water.						
CS2	Newly cleaned surfaces are sprayed thoroughly with fresh bleach mixture to sanitize the surface area.						
CS3	After sanitizing the surface area, it is aired dry for at least 2 minutes.						
CS4	A fresh bleach solution is mixed each day for sanitizing soiled areas, body fluids or blood.						
IS	Indoor Safety						
ISH	Safety outlet covers or plugs are used in every electrical outlet in rooms used by children.						
ISH	Childproof latches are installed on all drawers and cabinets containing dangerous items.						
ISH	All poisonous items are stored out of children's reach (such as medicines, cosmetics, cleaning supplies, etc.).						
ISH	Hot items are kept out of children's reach., such as pots on stove, crockpots, etc.						
ISH	Sharp objects are kept out of children's reach. For example: knives, silverware, scissors						

ISC	Safety from Choking						
ISC1	All toys are too large to fit into a child's mouth and have no small detachable parts.						
ISC3	Food is cut into small pieces for young children to prevent choking.						

ISD	Doors, Floors, Walls, Windows Hallways and Stairs						
ISD6	Doors have slow closing devices and / or rubber gaskets on the edges to prevent finger pinching.						
OS	Outdoor Safety						
OS1	Every day I check the outdoor areas where the children play for broken glass, animal waste, trash, etc.						
OS20	Outdoor storage areas are kept locked.						
OSE	Outdoor Equipment						
OSE4	All spaces on outdoor equipment are too big or too small to entrap a child's finger.						
OSE5	All wooden parts on outdoor equipment are smooth and without splinters.						